

August 20, 1998

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on all supplements containing Garlic under the following brand names: American Health, Body Fortress, Good 'N Natural, Herbal Authority, Hudson, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition, Vitamin World:

Garlic helps maintain healthy cholesterol levels.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Nutritionist